

PREPARTICIPATION SPORTS PHYSICAL EVALUATION

Must be completed and signed by medical personnel performing student's physical evaluation.

Name _____ Enrolled in _____ School _____

Sport _____ Age _____

Height _____ Weight _____ BP _____ / _____ Pulse _____ Handed R _____ or L _____

Parent/Guardian _____ Phone _____

Family Physician _____ Phone _____

Medical personnel performing physical evaluation for a student wrestler must complete the attached Minimum Wrestling Weight Classification form, which must set forth the minimum weight classification at which the student named herein, may wrestle for the entire season.

Medical Examination

Normal Abnormal Findings

If Abnormal Explain

Y N EENT _____

Y N Cardiovascular _____

Y N Cardiopulmonary _____

Y N Lungs _____

Y N Abdomen _____

Y N Genitourinary _____

Y N Neurological _____

Y N Skin _____

Y N Other _____

Musculoskeletal Exam

Y N Scoliosis _____

Y N Special Tests (Based on History Form) _____

Y N Neck _____

Y N Shoulder _____

Y N Elbow _____

Y N Wrist _____

Y N Hand _____

Y N Back _____

Y N Knee _____

Y N Ankle _____

Y N Foot _____

Y N Other _____

Clearance for sports participation:

A. Cleared

B. Cleared after completing evaluation / rehabilitation for: _____

C. Not Cleared for _____ Collision _____ Contact . _____ Noncontact _____

Strenuous _____ Moderately Strenuous . _____ Nonstrenuous

Due to: _____

Recommendation/Referral:

Name of Medical Examiner: _____ Date: _____

Address: _____ Phone _____

Signature MD, DO, PAC, CRNP, SN

INITIAL MINIMUM WRESTLING WEIGHT CLASSIFICATION

Must be completed by medical personnel performing student's physical evaluation.

Initial Minimum Wrestling Weight Classification for

(Name)

Enrolled in _____ School

I certify that the herein named student may wrestle at the following **initial** minimum weight classification:
(medical examiner circle and initial one)

SENIOR HIGH SCHOOL (Fourteen Weight Classifications):

103 lbs.	112 lbs.	119 lbs.	125 lbs.	130 lbs.	135 lbs.	140 lbs.
145 lbs.	152 lbs.	160 lbs.	171 lbs.	189 lbs.	215 lbs.	275 lbs.

JUNIOR HIGH/MIDDLE SCHOOL (Eighteen Weight Classifications):

75 lbs.	80 lbs.	85 lbs.	90 lbs.	95 lbs.	100 lbs.	105 lbs.	110 lbs.
115 lbs.	122 lbs.	130 lbs.	138 lbs.	145 lbs.	155 lbs.	165 lbs.	185 lbs.
210 lbs.	250 lbs.						

Name of Medical Examiner: _____ Date: _____

Address: _____ Phone: _____

Signature MD, DO, PAC, CRNP, SNP _____

Recommended Tests:

Water weighing

Caliper measurement

Other accepted tests